Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our Terrace Ridge community has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what's going on while you can't visit. Updates will be posted weekly on Monday around 11am.

Date	Day	Time(s)	Activity	Description
08/24	Monday	10:30am 11:00am 01:30pm 02:30pm 03:40pm	Doorway Sit-N-Fit Hallway BINGO Pretty Nails Snack Non-Social Getting to Know You	A great activity to increase flexibility & reduce falls Residents play BINGO from doorways One-on-one in-room participation Afternoon snacks to rooms A fun way to get to know one another
08/25	Tuesday	10:30am 11:00am 01:30pm 02:30pm 03:40pm	Doorway Exercise Gardening Hallway Trivia Snack Non-Social Wii Bowling	A great activity to increase flexibility & reduce falls Residents water and tend to the flowers Residents play from doorways Afternoon Snacks to rooms
08/26	Wednesday	10:30am 11:00am 01:00pm 02:30pm 03:40pm	Doorway Sit-N-Fit Word Build Afternoon Bus Ride Snack Non-Social Arts & Crafts	A great activity to increase flexibility & reduce falls Residents play from doorways Residents go for a ride in the bus (only 3 at a time to maintain 6ft. distance) Afternoon snacks to rooms Residents get crafty while socially distancing
08/27	Thursday	10:30am 01:30pm 02:30pm 03:30pm	Doorway Exercise Hallway Trivia Snack Non-Social Afternoon Bus Ride	A great activity to increase flexibility & reduce falls Residents play from doorways In room Snacks Residents go for a ride in the bus (only 3 at a time to maintain 6ft. distance)
08/28	Friday	10:30am 01:30pm 02:30pm	Doorway Exercise Hallway BINGO Snack Non-Social	A great activity to increase flexibility & reduce falls Residents play BINGO Afternoon snacks to rooms
08/29	Saturday	02:30pm	Snack Non-Social Search	In room snacks & Puzzles
08/30	Sunday	10:00pm 02:30pm	Sunday Church Snack Non-Social	Worship while maintain social distancing In room snacks

		03:00pm	Word Build	Residents play from doorways

Several of the doorway activities include prizes.