Residents Still Having Fun during Coronavirus Precautions

The absence of visitors and the continuing need to social distance as much as possible within our [facility] [community] has temporarily changed how we socialize, engage and entertain our residents. However, rest assured our activity and other staff members have been coming up with creative ways our residents can still have fun while staying safe.

In general, all our staff members are engaging with residents at every interaction, asking questions about their day, how they are feeling, and what they have been doing. Regular attempts are being made to ensure residents are staying in touch with family and friends by helping them set up various forms of video chat, phone calls, or writing cards and letters.

Of course, residents are staying in their rooms a lot more, and those who are able have been doing individual activities like reading, word searches, coloring and making crafts. The long running Gunsmoke which originally aired in the mid-50s through the mid-70s with Matt Dillion, Ms. Kitty and Fetus have become a popular TV show again. Hallway bingo is becoming popular, in which the activity staff goes hall by hall to call out bingo while residents check their bingo cards in their doorways. Residents are being encouraged, condition permitting, to stand, stretch and move to increase circulation. Technology, computers, tablets, e-readers, etc. are being utilized to explore virtual activities such as online museums, online classes, online games, online religious events, product browsing, movies, concerts and past sports events.

Residents are continuing to be asked what Activities they would like to do. If it is something usually done in groups, inventive ways are being explored to modify the activity, so it will work within guidelines from the CDC and various other health officials.

In another attempt to help you stay in touch and engaged, we are adding to this page an Activity Calendar update. Although it is not all inclusive of all the wonderful things going on each day, it will give you some idea of what’s going on while you can’t visit. Updates will be posted weekly on Monday around 11am.

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| **Date** | **Day** | **Time(s)** | **Activity** | **Description** |
| 07/06 | Monday | 10:30am  11:00am  02:30pm | Doorway Sit-N-Fit  Pretty Nails  Snack Non-Social | A great activity to increase flexibility & reduce falls  One-on-one in-room participation  Afternoon snacks to rooms |
| 07/07 | Tuesday | 10:00am  01:30pm  02:30pm | Doorway Exercise  Hallway Trivia  Snack Non-Social | A great activity to increase flexibility & reduce falls  Residents play from doorway  Afternoon Snacks to rooms |
| 07/08 | Wednesday | 10:30am  11:00am  02:30pm  02:30pm | Doorway Sit-N-Fit  Pretty Nails  Word Build  Snack Non-Social | A great activity to increase flexibility & reduce falls  One-on-one in-room participation  Residents play from doorways  Afternoon snacks to rooms |
| 07/09 | Thursday | 10:00am  11:00am  01:30pm  02:30pm | Doorway Exercise  Morning BINGO  Hallway Trivia  Snack Non-Social | A great activity to increase flexibility & reduce falls  Residents play from their doorways  Residents play from doorways  Treats to rooms |
| 07/10 | Friday | 10:00am  01:30  02:30pm  03:30pm | Doorway Exercise  Adult Coloring  Snack Non-Social  Old Time Trivia | A great activity to increase flexibility & reduce falls  In room participation  In room Snacks  Residents play from doorways |
| 07/11 | Saturday | 10:30am  11:30am  02:30pm | Bird Watching  Puzzles  Snack Non-Social | Individual participation  Puzzles are provided in rooms  In room snacks |
| 07/12 | Sunday | 02:00pm  02:30pm | Puzzles to rooms  Snack Non-Social | In room participation  In room snacks |

Several of the doorway activities include prizes.