

# Residents Still Having Fun during Coronavirus Precautions

## Weekly Activity Calendar

Date	Day	Time(s)	Activity	Description
04/27	Monday	10:00am 11:00am 01:30pm 02:30pm 03:30pm	Doorway Exercise Hallway Bible Reading Adult Coloring Snack Non-Social Fun Mail	A great activity to increase flexibility & reduce falls Creative way to enhance spiritual well-being Spark the mind and creativity Afternoon snacks to rooms (everyday) One-on-one in-room participation
04/28	Tuesday	10:00am 11:00am 01:30pm 03:30pm 04:30pm	Doorway Sit-N-Stretch Pretty Nails Hallway Trivia Hallway BINGO Fun Mail	A great activity to increase flexibility & reduce falls One-on-one in-room participation Resident plays from doorway Resident plays bingo from doorway One-on-one in-room participation
04/29	Wednesday	10:00am 11:00am 01:30pm 02:30pm 03:30pm	Doorway "Flexercise" Puzzle Time Letters to Home Ice Cream Non-Social Fun Mail	A great activity to increase flexibility & reduce falls Puzzles are provided in room Thoughts and love sent to families and friends Ice Cream treats in room One-on-one in-room participation
04/30	Thursday	10:00am 11:00am 11:00am 01:30pm 02:30pm 03:30pm	Doorway Sit-N-Fit Intercom Oldies but Goodies Facetime Loved Ones Hallway Penny Pitch Thirsty Thursday (Snacks) Doorway BINGO	A great activity to increase flexibility & reduce falls Fun songs played to get residents moving Virtual connections with family and friends Toss a penny and win a prize from doorway Treats to rooms Resident plays bingo from doorway
05/01	Friday	10:00am 11:00am 01:30pm 02:30pm 03:30pm	Doorway Morning Stretch Jewelry Making Why I'm Thankful Friday Parfait Trip Down Memory Lane	A great activity to increase flexibility & reduce falls One-on-one in-room participation Activities to help give purpose In room Snacks Resident recounts fond memories
05/02	Saturday	10:00am 11:00am 02:30pm	Doorway Morning Stretch Trivia Question of the Day Snack Non-Social	A great activity to increase flexibility & reduce falls Resident writes down. In room snacks
05/03	Sunday	10:00am 11:00am 02:30pm 02:30pm	Doorway Stretch Word Build & Search Snack Non-Social Window Bird Watching	Residents can make requests. Puzzles are provided in room In room snacks Count or identify birds outside window

Several of the doorway activities include prizes.