



HIGHLAND HOUSE HERALD

Highland House Rehabilitation & Healthcare
Edition 1, Volume 3
August 2018

2018 is an exciting year for Highland House Rehabilitation & Healthcare. We are celebrating our 50th Anniversary of caring for our neighbors. In honor of our anniversary there has been a lot of exciting things happening at our facility. From beautification projects to hosting a BBQ to celebrate with the community. With that in mind we are excited to share this edition of our newsletter with you.

If you prefer to receive this newsletter electronically, you may sign up for the email version by visiting <http://bit.ly/HeraldNL>.



There is a sweeping curved wall in front of a building high on a knoll, surrounded by beautiful grounds where upon this wall are inscribed the words, "HIGHLAND HOUSE."

The Highland House Herald

A quarterly newsletter highlighting our facility and residents.

Featured stories:

- Celebrating 50 Years Caring for our Neighbors.
- Assisted Living Caregivers – Caring and Dedication
- Spring Cleaning – Your help needed
- New Medicare Cards
- Resident Showcase – Centenarians and Nonagenarians
- Chili Cook-off



@HHRH1968

Veterans Honored by Senator Wesley Meredith



PruittHealth Hospice organized a veteran's pinning ceremony just before Memorial Day on May 24th, 2018 to honor the veteran's who have served our country here at Highland House.

More than a dozen of our residents received a certificate and a pin honoring them for their service. Senator Wesley Meredith presented each veteran with a State of North Carolina Commemorative Coin.

Bryan Mims from WRAL covered the story and highlighted two residents celebrating their 76th wedding anniversary on May 24th. View the story on WRAL.com at: <https://www.wral.com/news/local/video/17578605/>



50 Years Caring for our Neighbors



50 Years later, the team at Highland House Rehabilitation and Healthcare continues to live the vision of Mrs. Eloise Masters, R.N. and Mr. George Masters, founders and developers who, with the help of Mr. Bob Allen, first opened the facility to residents on October 23, 1968. Neighbors caring for neighbors. "Sensitivity to the needs of others sparked a dream which became Highland House of Fayetteville, Inc."

The family-owned facility opened with 52 beds, and has twice responded to growing need with additions -- an additional 47 beds in 1971 and 60 more in 1991. Today, the capacity sits at 159.



While the residents and staff make Highland House special, we couldn't do it without our volunteers! Highland House Rehabilitation & Healthcare volunteers positively impact the life of a seniors. Highland House is honored to serve our neighbors in Fayetteville and the surrounding communities. We also appreciate the opportunity to support local organizations

that serve the senior community including blood pressure checks at the Fayetteville Cumberland Parks & Recreation Senior Center and participating in the Red Apple Run for Diabetes and the Cape Fear Valley HS Cancer Walk.

There is a quote from the 25th anniversary that captures the spirit of Highland House; "There is a sweeping curved wall in front of a building high on a knoll, surrounded by beautiful grounds Where upon this wall are inscribed the words, "Highland House."



Meet Our Therapy Team

Pain is personal. Treating pain takes teamwork.

Our therapists help patients with their transitional rehabilitation to manage pain and get back to doing what they love. Pain management and faster recovery after surgery or illness are the goals for patients who come to Highland House as part of their post-surgical rehabilitation plan.

Therapy Director:

- Bridget Myers (RD, PTA)

Therapists:

- Gregorie Berry (COTA)
- Hollie Clouse (COTA)
- Whitney Gore (PT)
- Herbert Jones (SLP)
- Georgeann (OT)
- Wanda Simmons (PTA)



"Friendly atmosphere, caring environment, convenient location."

Assisted Living Family Member

Make Someone Smile

Thank you to the wonderful folks at Always Flowers by Crenshaw for brightening our facility and making our residents smile "Make Someone Smile Week!"

Each resident received a beautiful floral arrangement to enjoy in their room. Thank you to Betty Powell our activities coordinator for making this happen!



50th Anniversary BBQ



Council Member D.J. Haire presented owner Bob Allen with a Proclamation on behalf of Mayor Colvin recognizing the contribution Highland House has made to the community over the past 50 years.

We hosted a BBQ to celebrate this milestone. Former Miss Dogwood Emma Carter and Magician Jeremy Ruis entertained our residents and guests.



Highland House Beautification Committee

Our committee of volunteers was hard at work over the last quarter making improvements for our residents to enjoy. We have a new covered outdoor sitting area with a lovely fountain. Our outdoor patios have been refreshed with newly painted furniture and the planters around the facility were refreshed with new plants. Inside the volunteers were hard at work painting and touching up many of our hallways and work is underway in the A-hall dining room to repair and repaint the walls.

